**Rotation: Research**

**Date: 9.6.17-9.8.17, 9.10.17**

**Location: Creedmoor Psychiatric Center**

Activities / Assignments: Today is the first day of my research rotation, I met with my preceptors Mrs. Walcott and Ms. Olvina to discuss research assignments. They suggested that I work on the patient satisfaction survey which is done monthly. For this week I sorted the 2016 and 2017 completed survey and put them in two piles. My preceptors told me to analyze the 2017 survey only. My preceptor assigned me to assist with the annual Family Day celebration which is to be on 9.10.2017. We contacted environmental service and reserved the B102 room. I got in touch with the dietitians that are assigned to the in-patient wards to get the diets for the patients that are on mechanical soft 2 diets to avoid choking incidents. I worked on CBOARD I entered patients preferences and diet changes. I also compiled all the patients that are on mechanical diets and distributed to the dietitians and the coordinators for the wards. On Family Day I greeted the family members and directed them to the seating area. I also served lunch and desserts to the family members.

**Comments / Thoughts / What You Learned/ Challenges:**

This week was pretty busy, assisting with order food ordering from several restaurants in the area and decorating for the family day event. My challenge for this week was completing duties and assignments in a timely manner. I learned that working as a team and communicating effectively can make tasks so much easier.

**Learning Objectives Met: CDR Met 2.3, 2.9, 2.10 2.11**

**Hours: 28**

**Date: 9.11.17 – 9.15.17**

**Rotation: Research**

**Location: Creedmoor Psychiatric Center**

Activities / Assignments: I started the work week by shadowing one of the Dietitian 2. We went off site to one of the addiction treatment center. The dietitian conducted nutrition education group that was geared towards addiction, drugs, food and nutrition. After the group completed we went to the kitchen and completed inspection. We also assigned patients to tidy the dining area. During this week I complete literature search on PUBMED to fine supporting details on patients’ satisfactory survey. I also worked on analyzing the 2017 completed patient satisfactory surveys. I completed reports on CBOARD for the cooks and food service workers, I copied invoices and filed documents. I made phone calls to restaurants requesting invoices and receipts for foods that were delivered without invoices. I also completed the restaurant review assignment. It took me about an hour to completed the review. This was a great experience it was my first time going to a Greek Restaurant, also it was a group of us went together so we get to sampled each other food.

**Comments / Thoughts / What You Learned/ Challenges:**

The nutrition group with the substance abuse patients was very interesting during the group discussion I observed patients connecting their behaviors to the information that the dietitian was presenting. My challenge this week was finding appropriate literature review articles on patients’ satisfaction on PUBMED so I tried google scholar and I found articles that were appropriate. I have learned that in order to be successful we sometimes need to utilize alternative methods, and stepping out of our comfort zone.

**Learning Objectives Met: CRDN 1.2, 1.2, 1.4, 1.5.**

**Hours: 40**

**Date: 9.18.17- 9.22.17**

**Rotation: Research**

**Location: Creedmoor Psychiatric Center**

Activities / Assignments: I shadowed one of the Dietitian 2 off site to the addiction treatment center. The dietitian conducted the group on sugar and mental health. After the group ended we completed kitchen sanitation and inspection. My preceptor assigned me to help gather and put foods and supplies in boxes for the resent hurricane victims. I entered patients’ preferences and diet changes on CBOARD. I read and gather information on four literature review articles for the research project. One of the dietitian went on vacation this week I was assigned to distribute menus to her wards and conducted the nutrition education group two times during this week. During this week, I also distributed stationaries to the dietitians. I was asked to fax and scanned documents.

**Comments / Thoughts / What You Learned/ Challenges:**

The challenges I faced this week was prioritizing activities and assignments to meet deadlines. This week was busy in addition to my usual activities I had to collected boxes and started packing and labeling the boxes with food and non-food items. I learned the importance of providing help to people suffering that are victims of natural disaster.

**Learning Objectives Met: CRDN 1.2, 1.4, 1.5, 1.6, 2.2, 2.3**

**Hours: 40**

**Date: 9.25.17- 9.29.17**

**Rotation: Research**

**Location: Creedmoor Psychiatric Center**

Activities / Assignments: I completed diet changes and preferences on CBOARD for patients. I analyzed and calculated the data for the research assignment. One of the dietitian resigned this week and left a lot of old documents in her office I was assigned to shred documents that were not needed. I cleaned the office and organized binders and documents. I assisted with the food drive for the hurricane victims. During this week, I also completed Tally reports for the kitchen staff. I reviewed my research assignment double checking for errors. My preceptor asked me to search for milk and bread invoices and make copies of them.

**Comments / Thoughts / What You Learned/ Challenges:**

The research assignment is coming together pretty good. Challenges this week was lifting boxes with foods, shredding lots of old documents. I learned the importance of filing documents properly for easy retrieval and reduce wasting time looking for them.

**Learning Objectives Met: CRDN 1.6, 2.2, 2.3, 24, 2.9**

**Hours 40**

**Date: 10.2.17 – 10.3.17**

**Rotation: Research**

**Location: Creedmoor Psychiatric Center**

Activities / Assignments: I completed patients preferences and diet changes on CBOARD. My preceptor assigned me to help with the annual employee recognition celebration. I helped decorating the room and gather table cloths for the tables. I made name tags for the different dishes that were going to be serve. I made number label for the tables. I assisted with serving the staff lunch and I helped to clean up, covered and label food items that were not use and bring back to the kitchen for staff that didn’t attended the celebration.

**Comments / Thoughts / What You Learned/ Challenges:**

Helping to organized employee recognition day was fun, it’s really awesome to show hard working staff how much they are appreciated. Challenges this week was cleaning up after the staff recognition event. I learned that hard work pays off and it never goes unnoticed.

**Learning Objectives Met: CRDN 2.3, 2.4, 2.9,2.11**

**Hours: 12**