**2017 ACEND Core Competencies for Registered Dietitian / Nutritionists**

**Summary Worksheet for Intern Portfolio**

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| **Competency** | **Rotation/ Activity** | **Date(s)** |
| CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives. | Research rotation- collected patient satisfactory surveys and analyzed the responses from the 12 questions that were asked on the survey.  | 9.11.17-9.15.17 |
| CRDN 1.2 Apply evidence-based guidelines, systematic reviews and scientific literature. | Conduct literature search on PUBMED to find supporting details on patients’ satisfactory surveys. Completed data analysis.  | 9.11.17-9.15.17 |
| CRDN 1.3 Justify programs, products, services and care using appropriate evidence or data. | Drawing conclusion based on data analysis and results from literature search on PUBMED. | 9.25.17-9.25.17 |
| CRDN 1.4 Evaluate emerging research for application in nutrition and dietetics practice. | Conducted literature search to provide current information during nutrition counseling sessions. | 2.16.18 |
| CRDN 1.5 Conduct projects using appropriate research methods, ethical procedures and data analysis. | Patient Satisfactory Survey project completed, ethical procedures not applicable. | 9.25.17-9.29.17 |
| CRDN 1.6 Incorporate critical-thinking skills in overall practice. | Conducted data analysis for patients’ satisfactory survey.Completed nutritional assessment, setting smart goals with residents. Attended Eating disorder workshop and Completed a summary of the event.  | 9.11.17-9.15.171.8.18-2.16.183.16.18 |
| CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Nutrition and Dietetics Practice and Code of Ethics for the Profession of Nutrition and Dietetics. | Checking the tray line to make sure patients are getting the correct meals, also making sure food temperatures are appropriate. Following policy and procedure while working with patients and completing nutritional assessments. | 8.6.2016-9.6.20171.8.2018-2.14.2018 |
| CRDN 2.2 Demonstrate professional writing skills in preparing professional communications. | I complete calorie counts for residents that are experiencing significant weight loss and write weight note based on the resident diagnosis and lab results on the possibly reasons for the resident’s weight loss. Also writing in nutrition communication log to update co-workers and sending work email. | 2.5.18-2.9.18 |
| CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings. | I completed MDS with my preceptor also I went with my preceptor to complete meal rounds, helping the nurses to serve the residents their meal.Participating in work events such as Family Day, Nutrition Fair and Nutrition fundraiser  | 2.5.18-2.9.189.6.2017,3.22.18 |
| CRDN 2.4 Function as a member of interprofessional teams. | Working as a food service supervisor, delegating responsibilities and covering various position when there is a shortage of dietary aide. Assisting dietitian with nutritional assessment when they are running late and need extra assistance. | 8.6.16-9.6.171.8.18-2.16.18 |
| CRDN 2.5 Assign duties to NDTRs and/or support personnel as appropriate. | I helped another student that was completing 100 hours of volunteer work get acquainted to Point Click Care for completing nutritional assessments. I also acted as a mentor providing assistance to prospective DI providing answer to questions related to the internship and DICAS application.  | 2.12.18-2.16.18 |
| CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice. | Requested speech evaluation, in order to liberalize diet and possibly increase food intake.  | 2.5.18-2.9.18 |
| CRDN 2.7 Apply leadership skills to achieve desired outcomes. | Assigning staff to tasks and work stations where they are strong, to complete the tray line on time.  | 8.6.17-9.6.18 |
| CRDN 2.8 Demonstrate negotiation skills. | I completed food purchasing at Creedmoor Psychiatric Center where I worked as a dietitian technician. I purchased food two times per week for about five hundred patients, in-patients and out-patients. Negotiating with vender to get food that we are running short on that were order on short notice.  | 10.15.15-1.31.17 |
| CRDN 2.9 Participate in professional and community organizations. | Participated in annual family day and fundraiser events at Creedmoor Psy Center.  | 9.6.17, 9.10.17 |
| CRDN 2.10 Demonstrate professional attributes in all areas of practice. | Communicating appropriately and effectively with patients, staff and family members in a professional manner. | 9.9.2017-4.27.18 |
| CRDN 2.11 Show cultural competence/ sensitivity in interactions with clients, colleagues and staff. | Communicating appropriately and effectively with patients, staff and family members in a professional manner. | 9.9.2017-4.27.18 |
| CRDN 2.12 Perform self-assessment and develop goals for improvement throughout the program. | Completing the rotations and gaining more knowledge, experience and confidence in various practice. Completed Learning Plan using Dream Wizard. | 9.9.2017-4.27.184.26.18 |
| CRDN 2.13 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines. | Completed Learning Plan using Dream Wizard. | 4.26.18 |
| CRDN 2.14 Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession. | Implementing foods outside meal time policy at Creedmoor Psy Center.  | 12.22.17 |
| CRDN 2.15 Practice and/or role play mentoring and precepting others. | I helped another student that was completing 100 hours of volunteer work get acquainted to Point Click Care to completed nutritional assessments. | 2.12.18-.2.16.18 |
| CRDN 3.1 Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings.CRDN 3.2 Conduct nutrition focused physical exams. | Completed nutritional assessments, progress notes, weight notes, conducted nutrition focus physical exams to identify patients’ risk factors.Completed nutrition focused physical exam assignment. | 1.8.18-4.30.181.6.18 |
| CRDN 3.2 Conduct nutrition focused physical exams. | I conducted nutrition focus physical assessment, looking for wounds, missing teeth, dentures and signs of dehydration. | 2.12.18-2.16.18 |
| CRDN 3.3 Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings. | Completing clinical rotation in a Long Term Care facility and in a Mental Health facility and effectively completing tasks and assignments  | 1.8.18-3.30.18 |
| CRDN 3.4 Design, implement and evaluate presentations to a target audience. | Completing Nutritional Psychiatry Poster for nutrition education group. | 4.27.18 |
| CRDN 3.5 Develop nutrition education materials that are culturally and age appropriate and designed for the educational level of the audience. | Completing Nutritional Psychiatry Poster.Completed internet search for Healthy Snacking material for Nutrition Month fair. | 4.27.183.9.18-3.22.18 |
| CRDN 3.6 Use effective education and counseling skills to facilitate behavior change. | Conducted counseling, and nutrition education. | 1.8.18-4.27.18 |
| CRDN 3.7 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management. | Conducted counseling, interview and nutrition education.Completed internet search for material on healthy snacking for Nutrition Month Fair.Completed internet search for material on Nutritional Psychiatry. | 1.8.18-4.27.18 |
| CRDN 3.8 Deliver respectful, science-based answers to client questions concerning emerging trends. | Completed internet search for material on healthy snacking for Nutrition Month Fair.Completed internet search for material on Nutritional Psychiatry. | 4.2.18-4.27.18 |
| CRDN 3.9 Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources. | During dietary supervision I avoid using plastic and paper trays, plates and utensils instead I always used regular plates and utensils, when working short staff I cover a position to avoid using plastic wares unless there is an emergency situation. | 8.6.16-9.6.17 |
| CRDN 3.10 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals. | I assisted with the Evening Nourishments Selection, calculating the amount of snack that should be provided, calorie and protein content of snacks for various diet plan.  | 2.16.18 |
| CRDN 4.1 Participate in management of human resources. | During dietary supervision I avoid using plastic and paper trays, plates and utensils instead I always used regular supplies if when working short staff I cover a position to not use plastic wares unless there is an emergency situation. | 8.6.16-9.6.17 |
| CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food. | Monitoring the environment making sure it is safe, free of water spills on the floor and objects in walk ways. | 8.6.16-9.6.17 |
| CRDN 4.3 Conduct clinical and customer service quality management activities. | Completed service improvement project to help manage significant unplanned weight change.  | 2.12.18 |
| CRDN 4.4 Apply current nutrition informatics to develop, store, retrieve and disseminate information and data. | Completing informatics assignment on food allergies. | 10.4.17-10.10.17 |
| CRDN 4.5 Analyze quality, financial and productivity data for use in planning. | Monitoring purchase order and invoices to stay within projected budget for patients meals. | 10.15.15-7.30.17 |
| CRDN 4.6 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment. | Visited Queens County Farm and observed their sustainability practices, composting and planting techniques.  | 5.12.18 |
| CRDN 4.7 Conduct feasibility studies for products, programs or services with consideration of costs and benefits. | Completed service improvement project to help manage significant unplanned weight change. Improve overall function of the nursing home, increase points and government re-imbursement. Completed Poster for nutrition education on Nutritional Psychiatry. | 1.15.18-2.12.184.27.18 |
| CRDN 4.8 Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies. | I assisted with the Evening Nourishments Selection Project, calculating the amount of snack that should be provided calorie and protein content of snacks for various diet plan. This new plan is to reduce food cost and staff needed for evening snack preparation. | 2.16.18 |
| CRDN 4.9 Explain the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems. | Completed coding and billing assignment for nutrition and dietetics services online and completing self-checked test. | 1.26.18 |
| CRDN 4.10 Apply risk in nutrition and dietetics practice. | Completed service improvement project to help manage significant unplanned weight change. | 2.12.18 |
| **Program Specific Competency 1**Assess results of research and evaluation used in nutritional sciences, and evaluate nutrition claims and popular literature for accuracy, reliability and practical implications. | Meet with Preceptor and review research assignment on Patient Satisfactory Survey, completed internet search for appropriate literature reviews. | 9.11.17-9.26.17 |
| **Program Specific Competency 2**Compile and analyze data on nutrition and health, and use social and behavioral theories relevant to Public Health. | Completed CITI – on-line training for ethical legal practice of Research with Human Subjects.  | 10.22.2017 |